

# Save energy

with our

## TOP 10 TIPS

You could be paying more for your gas and electricity than you need to.

Follow some of the quick tips below and you could save on your bills.

### 1 Dry your clothes in the sun



Try to only use the tumble dryer (one of the most costly appliances in the home) when you can't use the sun and fresh air to dry your clothes. There are drying days in Winter, not just Summer!

### 2 Don't get over charged!



Try not to leave your phone charging all night, as most modern mobile phones need only 2-3 hours to charge. Overcharging can also damage the battery on some phones.

### 3 Draught-Bust!



Keep out those cold draughts by fitting draught excluders to your front door, letter box and key hole. You'd be surprised how much cold air sneaks in!

### 4 Don't freeze up



Defrosting your freezer regularly makes it more efficient, not to mention easier to find the chips!

### 5 No half measures!



Whenever practical, try and wait to wash a full load washing. Two half-loads use TWICE the energy and water.

### 6 Buy from the A Team?



Keep an eye on the energy rating stated on appliances. A higher energy rating should mean lower running costs over the lifetime of the product. Think carefully, some less expensive, less efficient models may cost you more in the long run.

### 7 No need to STANDBY



Ensure that your TV, desktop computer and other electrical items aren't left on standby. The Energy Saving Trust suggests on average UK households spend between £50 - £90 a year each powering appliances left in standby mode or not in use. Power save plugs can turn off items (such as TV sets) hassle free and are available online and in electrical retailers.

### 8 Don't boil over



Being energy intensive, kettles are a great way to waste energy. When making a brew (or otherwise), use only the water you need. It'll save you energy and time as it'll heat your water quicker.

### 9 A bright idea



If you don't already, get in to the habit of switching lights off in unused rooms, especially when you leave the house. Because we have many light-bulbs we are unlikely to ever need every single one. Switching lighting off is a great way to save energy. Encourage youngsters to get in the habit now, ready for when they need to pay the bills!

### 10 Take Control



Using heating controls will ensure your heating is as efficient as it can be, save you money and improve comfort. Timers can be used to stop heating your home when no-one is in or people are in bed, or to warm up the house ready for when you need it, for example, when you wake up or come home from work. Room controls such as thermostats and radiator valves can help regulate room temperatures, giving you greater control over the comfort of a room whilst ensuring unused rooms aren't excessively heated.